



We are delighted you have chosen the Sea Spirit for your upcoming voyage and hope this information answers any questions you may have pertaining to the vessel.

SHIP TECHNICAL DETAILS

Passengers: 108

Length: 90.60 metres

Width: 15.30 metres

Registered: Madeira

Crew/Staff: 72

Year built: 1991

Year refurbished: 2018

Language: English

Gross Tonnage: 4200 tonnes

SHIP INFORMATION

AIR-CONDITIONING

The entire ship is air-conditioned. All cabins feature individual temperature controls. In order to keep the air-conditioning system working efficiently, please keep doors closed when in use.

CABINS

On board there are 54 spacious and well-designed cabins. All feature a sitting area, en-suite bathroom with marble topped vanity unit and walk-in shower, spacious wardrobe and dressing table. Cabins on the Sun and Sports Deck have private balconies.

All cabins have the following facilities:

- Dressing gowns and slippers
- TV
- Electrical outlet
- Hairdryer
- Heating and air-conditioning (individually controlled)
- Fridge
- Safe
- Toiletries: hand soap, shower gel, shampoo, hair conditioner and body lotion
- Telephone

The beds in each suite can be configured as either a double or twin with the exception of the Owner's Suite which features a fixed king-sized bed. Please advise the Reservation Department at Noble Caledonia or Reception, once on board, if you would like a double bed. Cabins are serviced each morning by your cabin attendant and again in the evening when the beds are turned down. Please note that all cabins have a shower and only the Owners Suite has a bath.

DAILY PROGRAMME

A Daily Programme, detailing the following day's arrangements as well as any specific information about the day's activities is produced on board and delivered to your cabin daily.

DIETARY REQUIREMENTS

If you have any dietary requirements such as vegetarian, low salt, gluten free and low cholesterol, please notify the Reservations Department. We regret that not all dietary requirements can be guaranteed. If you have any specific or special foods that you require we recommend that you take some with you although we will endeavour to accommodate your needs. Once on board, please speak to the Chef or the Maitre D' at dinner on your first night on board to reconfirm your needs.

DINING & DRINKING

Breakfast, lunch and dinner are served in the Restaurant. During good weather lunch may also be served at the outside bistro. Complimentary tea, coffee and biscuits are available self-service 24 hours a day in The Club lounge. The Sea Spirit operates an open seating policy which greatly enhances the convivial atmosphere on board. The Restaurant has table configurations of 8, 6, 4 and some 2's. Room service is not available on board. As the vessel operates an open seating policy, table reservations cannot be made. Please note that passengers are not permitted to consume their own supplies of alcohol on board. Water is safe to drink on board and is treated with chlorine.

DISEMBARKATION

Your Cruise Director/Expedition Leader will provide you with detailed disembarkation

information prior to the end of your cruise. This will include transfer information (where applicable). If you have any specific queries, please do not hesitate to contact the Cruise Director/Expedition Leader as soon as possible after embarkation.

DRESS CODE

The dress code on board is defined as casual. During the day, comfortable and casual attire is appropriate. The evenings are smart casual. Jackets and ties are not required. However, we kindly ask you to refrain from wearing shorts during evening meals in the Restaurant. You may wish to wear something a little dressier for the welcome and farewell dinners, for example, a jacket and tie for gentlemen and occasion wear for ladies. No "black tie" is necessary. It is recommended to wear footwear at all times whilst on board.

ELECTRICITY

Voltage is 110v/60Hz (American standard) and a 220v razor socket. This is only suitable for low voltage electrical appliances, e.g. mobile phone or camera charger. We recommend that you bring a two-pin American adaptor for the 110v plug. Please note that the use of personal hairdryers, clothing irons, coffee makers, curling tongs, etc. in the cabins is strictly forbidden as they may damage the ship's electrical system. If you require electrical medical equipment, please notify the Reservations Department as soon as possible.

GOING ASHORE

Wait in public areas or in your cabin until an announcement is made with instructions to disembark. Sailing times for each port are listed in the Daily Programme. Please note sailing times and ensure that you return back to

the vessel at least 30 minutes prior to departure. In some ports a passport or port landing card must be carried when going ashore. This will be announced over the PA System if required. If the ship is in a remote area and you hear a continuous blast of the ship's horn then please return immediately to the landing site. When leaving the ship at any time while in port always ensure you have checked IN/OUT at the gangway.

GYM

There is a gym located on the Sports Deck with a range of aerobic and weight-lifting equipment as well as room for stretching and yoga.

HEALTH & HYGIENE

There are comprehensive plans in place to protect the health and hygiene of passengers and crew. These are kept up to date in line with new advice and guidance and are continually evaluated. Hand sanitisers are present throughout the vessel particularly at entrances to dining venues and at the gangway. We kindly ask that you ensure to use these regularly. If it is required to bring in enhanced procedures you will be advised in either your pre-cruise documentation or on board.

LAUNDRY SERVICE

A laundry service is available on board. Laundry bags and a price list can be found in the wardrobe in your cabin. Please complete the laundry list and leave it together with the bag of items to be laundered on your bed. Your laundered items will be returned within 24 hours. There are no public laundrette or ironing facilities on board. In the interest of safety we ask that you do not use an electric iron in your cabin. An ironing service is available at a reasonable cost. Dry cleaning facilities are not available on board.

LIFT

All passenger decks can be reached by lift. Please do not use the lift in the case of a fire or an emergency.

MEDICAL FACILITIES

Medical services are available 24 hours a day. There is a Doctor on board and crew members are trained in first aid. Cabin visits by the ship's Doctor are available. Please note that all consultations and services are charged. It takes some people longer to find their sea legs. Sea sickness tablets are available from Reception and should be taken at least one hour prior to departure.

NOBLE CALEDONIA TEAM

Throughout your cruise you will be accompanied by your Noble Caledonia team who will be happy to assist you with any queries or requests you may have.

ONBOARD ACCOUNT

All passengers will have their own "ship account" which allows you to sign a receipt for any expenses and then settle your bill at Reception at the end of the cruise. You will need to register your card at Reception shortly after sailing. If you are sharing a cabin with a friend and would like separate bills, please inform Reception. Prices on board are shown in

US Dollars and your final account will be presented in US Dollars

Your ship's account can be paid by:

- Cash (US Dollars).
- Credit Card (Visa, MasterCard or American Express).

If you intend to settle your shipboard account using your credit card, please provide Reception with an imprint of your card at your convenience during the cruise.

PASSPORTS

All passports are collected by the Purser upon embarkation. Passports are necessary to facilitate immigration formalities at each port of call and are returned at the end of the cruise.

PUBLIC AREAS

The Club – Located on Club Deck, The Club features the main bar and a 24 hour tea and coffee station. A quiet place to meet friends or relax during the day.

The Library – Located on Club Deck.

In The Library you can find a well stocked selection of reference books pertaining to the destinations. Fiction books, games and playing cards are also available for your pleasure. Reference books may not be removed from the ship.

The Presentation Lounge – Located on Ocean Deck. Daily Briefings by the Cruise Director or Expedition Leader are given in The Presentation Lounge which is fitted with multiple screens and presentation equipment. Informative talks from the Guest Speaker or expedition team are also given here.

Promenade Deck – Sea Spirit has a walk around Promenade Deck on the Club Deck. Please kindly take into consideration those guests whose cabins are located on and beneath the Promenade Deck. Please use the deck for walking/jogging between 8.30 am and 9.00 pm.

QUESTIONNAIRE

Your comments are important to us therefore before your cruise ends, you will receive a questionnaire. We are always looking for ways to improve your holiday experience and appreciate the time you take to complete the questionnaire. Kindly hand your completed questionnaire in at Reception.

SAFE

There is a safe in every cabin located in the closet. The safe can be programmed with your own code, instructions can be found inside the closet door and cabin staff will be available to assist upon embarkation. We recommend that you leave money and other valuables in the safe. Kindly remember to remove all items from the safe before disembarking the ship at the end of your cruise.

SAFETY DRILL & SAFETY

International Maritime Law requires a lifeboat safety drill to take place prior to sailing. All guests must attend this compulsory and important exercise. Please listen to the announcements. During the drill, all ships services will be suspended. Your assigned

lifeboat station, location of your life jacket and the signal for lifeboat and fire drills are clearly explained on the emergency card posted on the back of your cabin door. Life jackets are located in your cabin. During the safety drill you will be shown how to wear the life jacket.

It is essential that you take certain safety precautions while on board:

- Walk, never run and be especially careful on wet and slippery decks.
- Ladies are advised to wear low heeled shoes especially on deck.
- Footwear should be worn at all times.
- Hold on to the handrails in passageways and stairways.

SATELLITE INTERNET & WI-FI

The Sea Spirit offers complimentary onboard internet and Wi-Fi. Depending on location of the ship and overall usage aboard the ship at any given time, service may be slow.

SMOKING POLICY

The Sea Spirit offers a smoke-free cruise environment. Smoking is not permitted inside the ship, including the balcony areas. Smoking is only permitted in the designated area outside on Club Deck aft. Please never throw any cigarette ends overboard – the breeze could carry the smouldering end back on board and start a fire. We thank you for your cooperation in this matter.

TELEPHONE CALLS

Calls to other cabins can be made free of charge by dialling the cabin number. Lift the handset and dial the cabin number. If you wish to make an outside call, please check at Reception to purchase a prepaid telephone card and instructions. Costs are available from Reception and charges are automatically billed to your onboard account.

TELEVISION

All cabins are equipped with a television offering a selection of news and documentary channels.

VISITORS

For the safety and security of all passengers no visitors are allowed on board the ship.

VISITING THE BRIDGE

At times Bridge visits may be possible. If visiting the Bridge, please note this is a working area and access may sometimes be restricted.

WAKE UP CALL

Wake up calls can be requested through Reception.

ZODIACS/LOCAL BOATS TO TENDER ASHORE

Some destinations may require the use of the ship's 12 Zodiacs or local tender boats to go ashore. Guests will be advised where and when to meet the Zodiac or local tender boat to go ashore. Please ensure that your hands are free at all times and accept the assistance given by the crew on board the Sea Spirit when boarding tenders / Zodiacs. A Zodiac safety briefing will be given.

Please note: These details should be used as a guideline only. Information is subject to change.

NOBLE CALEDONIA

2, Chester Close, Belgravia, London, SW1X 7BE
+44 2(0)20 7752 0000 | info@noble-caledonia.co.uk | www.noble-caledonia.co.uk